

Curriculum Vitae Karen Power

Name / Last Name	Karen Power
Contact details	karen-@live.ie
Formal Education level / Title (accredited degrees)	Bachelor of arts degree in community youth work 2013-2016
Additional education background (optional) / not necessarily accredited, but attesting additional skills	❖ Child protection ❖ Safe talk – Suicide alertness for everyone ❖ Engage young men & mental health ❖ Tusla children's first ❖ Intercultural & Equality- embedding diversity ❖ Erasmus+ Youth pass – Youth exchanges ❖ General data protection regulation (GDPR) ❖ Erasmus+ youth pass- Transnational training & cooperation activities ❖ Community sports leadership -sports leader UK qualification level 1
Training of trainers 1	International Outside in -Transforming hate-training of trainers 1 Duration: Residential 6 full-days training course September 2017, Ljubljana, Slovenia Training of trainer course, new skills learned on self-awareness, listening & communicating empathic, non-empathically. I learned about participating and what I need to participate. Creating a safe space and identifying where/ how hate speech happens. Competences: ❖ Leadership skills ❖ Communication skills ❖ Functional skills ❖ Self-awareness building/ understanding skills

Training of Trainers 2	Interntional Outside in -Transforming hate – Training of trainers 2 Duration: Residential 4 full-days training course December 2017, Figueira da Foz, Portugal New skills learned in Tree of needs, feelings & behaviours. Developement of training Session on identifying, challenging, transforming hatespeech for each country. Implementation & feedback sessions. Competeces: ❖ Personals feelings, needs behaviour ❖ Constructive feedback ❖ Informative & team building
Training of trainers course 3	Training of trainers in Hate Speech Transformation Outside in training course Duration: Residential 7 full-days training course October 2018, Santarem, Portugal
Other references – authoring publications	❖ Status Toolkit supporting travellers advance through universal services ❖ Travellers voice magazine
Other references – authoring pedagogical material	❖ Flexible organization skills within groups / training- Time, resources, management, problem solving etc ❖ Strong Communication skills – inspiring and engaging to listen and understand, respond when needed. ❖ Participative in group to interact, learn alongside others, awareness, helpful approach, positive group dynamics.
Other references – specialised skills relevant to training environment	Self awareness & awareness of others Needs of the group / group dynamics Currently learning to facilitate would be interested in shadowing facilitation styles of other trainers also.