

CV Lorna Costelloe

Name Last Name	Lorna Costelloe
Contact details	
Formal Education level / Title (accredited degrees)	Degree in Software Development
Additional education background	Stress Management Youth Leadership Course Emergency Medical Technician
NFE ToT – most important reference 1	Outside In Transforming Hate - Slovenia Duration of course: 8 days Organiser of course: Ljubjana Pride Short description of main competences gained: <ul style="list-style-type: none"> ● Self awareness when entering a situation ● Connecting language and empathetic listening ● Tree of Needs
NFE ToT – most important reference 2	Outside In Transforming Hate - Portugal Duration of course: 5 days Organiser of course: Bloom Short description of main competencies gained: <ul style="list-style-type: none"> ● Intersectionality ● Racism ● Religious Discrimination ● Homophobia and Transphobia ● Sexism
NFE ToT – most important reference 3	Outside In Transforming Hate - Portugal Duration of course: 5 days Organiser of course: Ha Momento Short description of main competencies gained: <ul style="list-style-type: none"> ●
Other references – specialised skills relevant to training environment	<ul style="list-style-type: none"> ● Hate speech, the effects it has online and how to protect ourselves ● Providing a counternarrative ● Stress management ● Media influences on personal beliefs